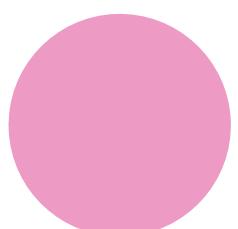
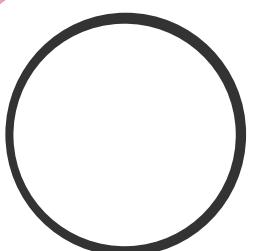


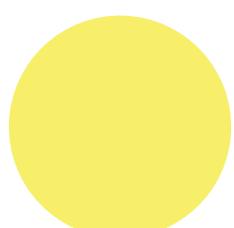
**PEG UP A FLAG IN A COLOUR THAT MOST CLOSELY MATCHES YOUR FEELINGS.
YOU COULD WRITE A PRAYER OR MESSAGE ON THE FLAG TOO.
HAVE A CONVERSATION ABOUT HOW YOU'RE FEELING WITH GREEN CHRISTIAN VOLUNTEERS, OR WITH YOUR FRIENDS OR FAMILY.**



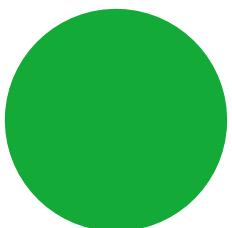
PINK - I FEEL HOPEFUL



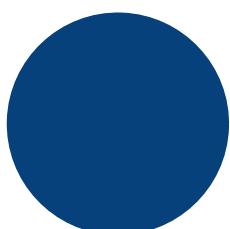
WHITE - I FEEL SAD



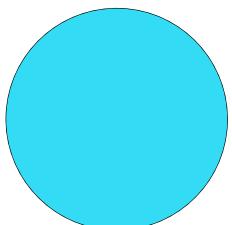
YELLOW - I FEEL MOTIVATED TO BRING ABOUT CHANGE



GREEN - I FEEL CONFUSED



DARK BLUE - I FEEL DESPAIRING



BRIGHT BLUE - UNCONCERNED



PATTERNS - I FEEL MANY THINGS AT ONCE